



Sunny Point Gardens - CSA Volunteer Work Share

We realize there are many folks who want to “get their hands dirty” growing their own food. But, because of time constraints, or perhaps it’s that they don’t have access to a garden, the quest is difficult. Nevertheless, those of us in the organic food movement also know just how healthy fresh, nutrient-rich foods can be.

Farmers involved in CSA (Community Supported Agriculture) are realizing that it takes a lot of work to make a CSA program successful. There are many times during the growing season when many hands on the farm make a huge difference. Therefore we are offering a fairly unique program here at Sunny Point Gardens.

That is, the Sunny Point Gardens Volunteer Work Share CSA. We will be offering 8-10 volunteer work shares this season for folks who can commit to a regularly scheduled time to be on the farm, working. For a 4-hour per week commitment, we in turn provide a standard-sized bag of available produce.

- We ask that you make a commitment of a minimum of 12 weeks but you may continue longer if we need you.
- Workers may be asked to perform hard physical work for 4 hour periods of time (lifting, bending, sitting, squatting, standing, carry ing, pulling , etc.).
- You must be able to work hard to participate in our work share program.
- Workers may participate in a variety of tasks, including, but not limited to: weeding, hoeing, thinning crops, planting, harvesting, digging, washing produce, dividing shares, packaging produce, cleaning, etc.
- There will be days when the weather is less than desirable, but we will still work. We ask that you always review the weather report for your work share day, but also prepare for the possibility of varied weather conditions; dress appropriately for the weather and come out to the farm.
- We ask that you don't bring children during the time you are working. We do welcome and encourage children to visit the farm during other times.
- You can arrange to alternate your work share with another person, but only if the person you are sharing with comes on a regular basis. It takes time for us to teach new people and for them to learn how things work and if someone new shows up just once that slows everyone down.
- The most important thing to keep in mind is that we are a working farm. We must work fast and efficiently. Chatting is fine as long as you do it while doing another activity.
- It’s important that you focus on the task at hand and refrain from using your cell phone.

If your are still interested please fill out the application and return it to us ASAP!



Sunny Point Gardens - Volunteer Work Share CSA Application

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Number: _____

Email: _____

I understand and accept the conditions of a Volunteer Work Share at Sunny Point Gardens.

I, the undersigned, agree to accept full responsibility for myself and my actions while on any of the properties that make up Sunny Point Gardens.

I agree to respect and comply with any and all rules regarding hygiene and sanitation while on the property of Sunny Point Gardens.

I agree not to hold Sunny Point Gardens or any of its agents, officers, or employees responsible for damages resulting from injuries while on the premises working or for any other reason. I also agree that

I understand I am not in any way considered an employee and am therefore not eligible for any employee benefits.

Signature: _____